

# AUNTIES TWO PATTERNS

## GROOVY MAMA (and Groovy Baby)

(Finished Size: Mama 25" x 40"; Baby 20" x 32")



## GROOVY MAMA (and Groovy Baby)

*Try a new technique called "Groovin" to create beautiful versatile scatter rugs, placemats and table runners. Use cotton piping or clothesline to form soft raised channels. Wonderful on your feet!*

*Use fabulous cotton fabrics from Hoffman CA Fabrics*

### Materials:

#### **Groovy Mama (Larger Rug 25" x 40"):**

Fabrics (42/44" wide):

Front: ½ yard of 3 fabrics and ¼ yard of 3 fabrics

Back: 1 ¾ yard

Binding: ½ yard

Cotton Batting: 3 ½ yards 45" wide medium weight  
(you will need two layers)

Cotton Clothesline or ¼" cotton upholstery piping: 200 feet

#### **Groovy Baby (Smaller Rug 20" x 32"):**

Fabrics (42/44" wide):

Front and Back: 2 different fabrics 1 yard each

Binding: ¼ yard

Cotton Batting: 1 ½ yards 45" wide medium weight  
(you will need two layers)

Cotton Clothesline or ¼" cotton upholstery piping: 160 feet

**Other Tools:** Matching thread. Metal coat hanger or 36" of heavy gauge wire. Sewing machine, scissors (both large and small), pins, rotary mat and cutter, acrylic rulers, seam ripper, painter's tape, chalk or marker and measuring tape.



Rugs in Hoffman CA Fabrics

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# GROOVY MAMA (and Groovy Baby)

## DIRECTIONS

### CUTTING INSTRUCTIONS:

#### Groovy Mama:

Front Fabrics: From each of three ½ yard pieces of fabric:  
cut one 8 ¾" x 30" strip and one 6 ½" x 30" strip

From each of three ¼ yard pieces of fabric:  
cut one 3 ½" x 30" strip and one 5" x 30" strip

Although you have cut 12 strips, you may not use all of them. Having extras will help with design options. To give your rug movement, make sure that you use all the 8 ¾" and 3 ½" strips.

Backing Fabric: Cut one piece 60" x 30"

Batting: Cut two pieces 60" x 30"

Binding: Cut four strips 2 ½" x 42/44"

Clothesline or Cotton piping: Do not cut, yet.

#### Groovy Baby:

Front Fabrics: Cut one piece 45" x 25"

Backing Fabric: Cut one piece 45" x 25"

Batting: Cut two pieces 45" x 25"

Binding: Cut three strips 2 ½" x 42/44"

Clothesline or Cotton piping: Do not cut, yet.

Note: You've probably noticed that you have cut the fabric wider and longer than the final rug size.

The fabric is cut longer than the final rug because the "grooves" or channels require extra fabric.

The fabric is cut wider than the final rug because as you "groove" your rug may curve a bit. Try to keep it as straight as possible. You will have an extra 2 ½" on the top and the bottom to square it up.

# GROOVY MAMA

### SEWING INSTRUCTIONS:

#### **STEP 1: Audition strips for the front of the rug**

Lay your strips out on a table in an order that is pleasing. Make sure that you mix widths as well as fabrics to create lots of movement.

#### **STEP 2: Select two center strips; layer backing, batting and center strips.**

Layer backing fabric right side down. On top of the backing fabric layer two pieces of batting. Match all edges. Lay the backing and batting on your sewing table with the 60" edge across the top, batting side up.

Select the two fabric strips in the center of your design. Place these strips right sides together, matching one 30" raw edge. Position the 30" raw edges of the two layered fabric strips on top of the batting, centered widthwise on the batting. Match the top and bottom edges of the strips even with the top and bottom edge of the batting.

Roll the right hand side of the backing fabric and batting towards the center so that it will fit in your sewing machine. With a straight stitch and a ¼" seam, sew along the 30" edge attaching the two center fabric strips to the batting and the backing.



#### **STEP 3: Begin "Groovin" from the center seam to the right**

Flip the top fabric strip to the right. With a straight stitch, stitch another seam ¾" to the right of the center seam. Continue to stitch a seam ¾" from the prior seam creating channels or "grooves". Stitch channels until you have 1" of fabric left to the right of the last seam. You're "groovin"!!

#### **STEP 4: Add strips to the right.**

Select the next strip. With right sides together, match the 30" raw edge with the raw edge of the fabric strip already sewn to the batting and backing.

Place the top and bottom edges of the strip even with the top and bottom edge of the batting.



With a straight stitch and a  $\frac{1}{4}$ " seam, sew along the 30" edge attaching the two fabric strips and creating a groove. Flip this strip to the right and continue sewing channels every  $\frac{3}{4}$ " and adding strips until you reach the right edge of the batting and backing fabric.

**STEP 5: Continue "Groovin" on the left side of center.**

Once you reach the right edge, turn the rug around so that the sewn channels are to the left.

Smooth the second of the two center strips to the right. With a straight stitch, stitch another seam  $\frac{3}{4}$ " to the right of the center seam. Continue "groovin" every  $\frac{3}{4}$ " and adding strips until this side is complete.



**STEP 6: Feed clothesline or piping through the channels**

Cut a piece of wire (or use a straightened metal clothes hanger) 35" long. Cut the clothesline or piping in 4 equal 50 foot lengths. With painter's tape, tape one end of one length of clothesline or piping to one end of the wire. Be sure to cover the edge of the wire several times. Tie the other end of the clothesline or piping in a double knot. Start in the center and work to the left or right side. Slide the wire and clothesline in the center groove between the two layers of batting. Slide the clothesline and wire in the next groove in the

opposite direction. Continue feeding the clothesline through each groove back and forth until you reach the end of your first piece of clothesline. Make sure the clothesline lies between the two batting layers. Do the same with the next piece of clothesline until one side of the rug is completely filled. Fill the grooves on the other side with clothesline.



**STEP 7: Outline the final size of your rug. DO NOT CUT!!**

Using a marker or chalk, draw a straight line across a long edge (either the top or bottom) of the rug as close to the edge as possible and perpendicular to the sewn channels. Draw a parallel straight line 25" away (or as far away as you can depending on how curved the rug may be).

Draw a line down the left side on the last seam sewn on that side. This line should be perpendicular to the lines drawn in the previous step. Draw another line down the right side on the last seam sewn. DO NOT CUT!!



### STEP 8: Attach binding, trim rug to final size

With right sides together, sew all binding strips together on the short ends to make one long strip. Fold in half lengthwise, with right sides out and iron.

Place the raw edge of the binding on the marked line in the middle of one long edge. Leaving a 6" tail at the beginning, sew the binding on the rug using a 1/4" seam and mitering corners as you go similar to sewing a binding on a quilt. Use the lines marked in the previous steps as the outside edge of the rug. After mitering the last corner, remove the rug from the sewing machine. Overlap the beginning and end of the binding by 1/2" and cut. With right sides together, pin, and then sew across the two short ends of the binding, creating one continuous binding strip. Reposition the raw edge of the binding along the marked line and finish stitching with a 1/4" seam.



Trim the rug even with the raw edge of the binding. Cut the rug with scissors or a very sharp rotary cutter. Flip the binding to the backside and stitch close to the folded edge of the binding.



**ALL DONE!!! ENJOY!!!!**

## GROOVY BABY

### SEWING INSTRUCTIONS:

#### **STEP 1: Layer backing, batting and front.**

Layer backing fabric right side down. On top of the backing fabric, layer two pieces of batting. Lay the backing and batting on your sewing table with the 45" edge across the top, batting side up. Layer the front fabric on top, right sides up.

With chalk, lightly mark vertical guidelines on the front fabric with a ruler. Mark a line in the center of the rug, then mark a line every 2 1/4" out to each edge. Pin with safety pins every 4" to keep layers in place.

Roll the right hand side of the layered rug towards the center so that it will fit in your sewing machine. With a straight stitch sew along the centerline. Remove safety pins as you go.



#### **STEP 2: Begin "groovin" from the center to the right.**

With a straight stitch, stitch another seam 3/4" to the right of the center seam. Continue to stitch a seam 3/4" from the prior seam creating channels or "grooves". Use the chalked lines as a guide. Stitch on top of the chalked lines every third seam. Continue "grooving" all the way to the right edge. Keep all edges and layers even and straight.

#### **STEP 3: Continue "Groovin" on the left side of center.**

Once you reach the right edge, turn the rug around so that the sewn channels are to the left.

With a straight stitch, stitch a seam  $\frac{3}{4}$ " to the right of the center seam. Continue to stitch a seam  $\frac{3}{4}$ " from the prior seam. Again, use the chalked lines as a guide. Stitch on top of the chalked lines every third seam. Continue "grooving" all the way to the second edge.



**STEP 4: Feed clothesline or piping through the channels**

Cut a piece of wire (or use a straightened metal clothes hanger) 26" long. Cut the clothesline or piping in 4 equal 40 foot lengths. With painter's tape, tape one end of one length of clothesline or piping to one end of the wire. Be sure to cover the edge of the wire several times. Tie the other end of the clothesline or piping in a double knot.

Start in the center and work to the left or right side. Slide the wire and clothesline through the center groove and in between the two layers of batting. Slide the clothesline and wire in the next groove in the opposite direction. Continue feeding the clothesline through each groove back and forth until you reach the end of your first piece of clothesline.

Do the same with the next piece of clothesline until one side of the rug is completely filled. Fill the grooves on the other side.



**STEP 5: Outline the final size of your rug. DO NOT CUT!!**

Using a marker or chalk, draw a straight line across a long edge (either the top or bottom) of the rug as close to the edge as possible and perpendicular to the sewn channels. Draw a parallel straight line 20" away (or as far away as you can depending on how curved the rug may be).

Draw a line down the left side on the last seam sewn on that side. This line should be perpendicular to the lines drawn in the previous step. Draw another line down the right side on the last seam sewn. DO NOT CUT!!



**STEP 6: Attach binding, trim rug to final size**

With right sides together, sew all binding strips together on the short ends to make one long strip. Fold in half lengthwise, with right sides out and iron.

Place the raw edge of the binding on the marked line in the middle of one long edge.

Leaving a 6" tail at the beginning, sew the binding on the rug using a 1/4" seam and mitering corners as you go similar to sewing a binding on a quilt. Use the lines marked in the previous steps as the outside edge of the rug. After mitering the last corner, remove rug from the sewing machine. Overlap the beginning and end of the binding by 1/2" and cut. With right sides together, pin, and then sew across the two short ends of the binding, creating one continuous binding strip. Reposition the raw edge of the binding along the marked line and finish stitching with a 1/4" seam.

Trim the rug even with the raw edge of the binding. Cut the rug with scissors or a very sharp rotary cutter.



## OTHER IDEAS

Using this technique

### Placemats

Cut backing, batting and front 16" x 22" and follow the instructions above to make 14" x 18" placemats.

### Table Runner

Cut backing, batting and front 18" x 60" and follow the instructions above to make 14" x 40" table runner.



Flip the binding to the backside and stitch close to the folded edge of the binding.



### Trivets

Cut backing, batting and front 12" x 14" and follow the instructions above to make 10" x 10" trivet.